



## Exploring Creative Arts Therapy Josie Scott mnzac, ma (creative arts therapy) Baylys Beach, Northland

Josie works as a Creative Arts Therapist, Counsellor, Facilitator and Trainer. She offers counsellors/therapists the opportunity to add new techniques to their toolkit in the unique setting of Baylys Beach.

Workshop dates for 2010 are: (Friday/Saturday)  
26<sup>th</sup> & 27<sup>th</sup> March: Creative Approaches to Grief and Loss.  
11<sup>th</sup> & 12<sup>th</sup> June: Visual Art Mediums and Creative Writing.  
29<sup>th</sup> & 30<sup>th</sup> October: Introduction to Sandplay Therapy.

Cost for each workshop per person is \$300 which includes 2 nights accommodation (Thursday/Friday) at the beach. Each weekend is limited to 6 participants. Concession rates are available; a deposit of \$75 is required to secure a place.

Creative Arts Therapy offers a multi modal approach using Visual Arts, Dramatherapy, Music, Creative Writing, Storytelling, Movement and Sandplay. Whilst the weekends have a specific focus they will incorporate a variety of modalities.

For more information about Josie's experience, training and work please see [www.josiescott.org](http://www.josiescott.org) or contact her on: 021 0223 8621.